

hand washing

Pour one teaspoon (or one squeeze) of Soak® into a gallon (4.5l/sinkful) of cool water. Make sure there's enough room for water to completely cover the item(s).

Soak it for 15 minutes. Leaving it to soak for longer is okay, but 15 minutes is all you need.

Gently squeeze out water. No need to rinse. Some color may bleed into the water, but don't worry, this won't harm your garment. (Still, it's a good idea to test fabric for colour-fastness before washing.)

Gently squeeze out excess water. Use a dry towel to roll up the item(s) and squeeze out moisture. Lay items flat to dry.

Wash sets (like lingerie) together.

If you're anything like us, you probably aren't going to get your measuring spoon out to do the laundry. Our general rule is one capful (or squeeze) of the 375ml (12 oz) bottle or two capfuls of the 90ml (3 oz) bottle for a gallon (basically a sinkful) of water. Make sure there's enough room for water to move around and cover the garment/item(s) while it soaks.

machine washing

Soak® is great for both regular and high efficiency (HE) machines.

Check your machine's instructions to see how much Soak® to use. You'll need one teaspoon per gallon.

Add it just as you would a liquid laundry detergent and run the machine on the delicate (or wool) cycle.

You can use the rinse cycle or not – depends on what you're washing.

spot washing

Put some Soak® on the end of a cotton swab, gently rub the stain, then rinse with water.

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